



**progyny** |  
Clinical Expert | Consumer Champion



# fertility benefits

Your plan overview

## Bringing New Life To Fertility Coverage

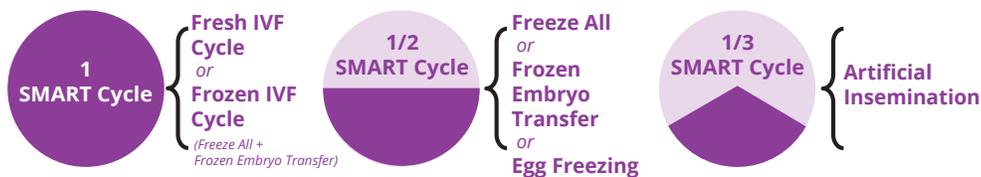
Our fertility benefits are a totally modern approach to reproductive health coverage. Conventional plans require patients to follow protocols that are out of sync with the latest science and technology. As a company founded by people who've experienced infertility first-hand, we think it's time for something better.

Each patient's needs are unique, and as a Progyny member, you'll get access to our robust provider network, learn about reproductive health with our educational resources and find coverage on the go with our convenient mobile app. Our concierge services make scheduling a breeze, and our patient care advocates are always ready to offer help and guidance. With all this support you can rest assured knowing that you are getting the best care possible.

### SMART CYCLE

Your Progyny SMART™ Cycle benefit plan is designed for success; giving you the best treatment plan, the first time. Our service offerings feature the latest technological advancements including preimplantation genetic screening (PGS), intracytoplasmic sperm injection (ICSI), vitrification and single embryo transfer (SET). Your SMART Cycle plan covers today's best treatment course so you no longer need to let your decisions be dictated by cost.

### SMART Cycle covered treatments



## TREATMENT OPTIONS

### FRESH IVF CYCLE

Simplified, IVF Fresh starts by stimulating a woman's eggs with a course of medications. Eggs are then retrieved, fertilized and develop into embryos in about 3-5 days. At this point, the best embryo or embryos are transferred into the uterus in hopes of a pregnancy. Any remaining embryos may be frozen for future use. *Includes: consultation, monitoring, management, retrieval, semen preparation, ICSI, cryopreservation of embryos, anesthesia, transfer, and more.*

### FREEZE ALL IVF CYCLE

The freeze all process is similar to an IVF Fresh cycle, but may offer increased success rates. After a woman has completed her course of medication, has had her retrieval and the eggs have been fertilized, the embryos are then frozen. Prior to freezing, preimplantation genetic screening (PGS) can be performed to screen for any abnormalities. While the embryos are frozen, the female's body is given the opportunity to normalize prior to performing the transfer to her uterus. *Includes: consultation, stimulation, retrieval, semen preparation, ICSI, PGS biopsy and lab testing, anesthesia, and more.*

### FROZEN EMBRYO TRANSFER

Embryos that have been preserved during IVF can be thawed and transferred into the uterus. If a transfer fails and there are remaining viable embryos, a second attempt at a transfer is possible. *Includes: consultation, in cycle monitoring, embryo thaw and prep, transfer, and more.*

### ARTIFICIAL INSEMINATION

Artificial insemination, also called intrauterine insemination (IUI), can be an appropriate course of treatment to attempt pregnancy, especially when male factor is involved and there are no underlying infertility issues. *Includes: in cycle stimulation, monitoring, management, semen wash and preparation, insemination, and more.*

### EGG FREEZING

Preserving ones eggs now can improve IVF success down the road for those who may find themselves struggling to conceive due to their age or a related diagnosis. *Includes: consultation, monitoring, management, stimulation, anesthesia, retrieval, cryopreservation, 1 year of storage and more.*

### SURROGACY

A gestational surrogate can help make dreams come true. Progyny is here to help navigate the waters. *Includes: legal services, egg/sperm donor compensation, surrogacy agency fees, gestational carrier screening costs and more.*

## YOUR COVERAGE

<b>SMART CYCLE</b>	<b>3 lifetime cycles</b>
<b>ADOPTION</b>	<b>\$10k in eligible expenses per child</b>
<b>SURROGACY</b>	<b>\$10k in eligible expenses per lifetime</b>

## GET STARTED

If you're ready to get started, we're ready to talk. Our patient care advocates can be reached by phone Monday through Friday.

**1-888-461-5067**



progyny.com | info@progyny.com